

# young healthwatch

South Tyneside



## Who we are

We are a group of young volunteers from the ages of 16 to 25. We were formed in November 2018 and are still growing with new volunteers. We meet each month to look at issues that are affecting children and young people from a national agenda down to local services within South Tyneside, to give young people a voice and influence change.

## What we are doing

As a group of young people ourselves, we are currently working closely with services such as public health, the CCG and Children and Young People's Services to review current mental health services for children and young people. CCG stands for 'Clinical Commissioning

Group', which is the part of the NHS responsible for the planning and commissioning of health care services for the local area.

As volunteers we have produced a questionnaire "*Manage your mental health*" to give other young people a chance to share their views about the services available, their experiences and how they could be improved.

As part of this work we are holding a "*Your Questions, Your Time*" question time event on May 15<sup>th</sup> between 2pm and 4pm at South Tyneside College. We are asking other young people to get involved and to think of questions they would like to ask providers of services in South Tyneside.

Schools and colleges across South Tyneside will be invited to attend and ask a panel of experts who can influence local services and who want to understand your experience of local support - to make sure you know what's on offer and if it's working for you.

### **How to complete the survey**

To complete the survey either visit <https://www.surveymonkey.co.uk/r/LS3T987> or scan the QR code below using your mobile phone camera:



### **How the information you give us will be used**

The information you give us will be anonymous and the questionnaire information will be gathered and presented to services with recommendations made by young people for young people.