

Minor Ailments	Formulary
Aches and pains: <ul style="list-style-type: none"> • Back Pain • Headache • Migraine • Muscular ache • Period pain • Teething • Toothache 	Ibuprofen 100mg/5ml suspension 100ml Ibuprofen 200mg tablets 24 Ibuprofen 400mg tablets 24 Ibuprofen 5% & 10% gel 50g Paracetamol 120mg/5ml Oral Suspension 200ml / 100ml pack Paracetamol 250mg/5ml Oral Suspension 200ml / 100ml pack Paracetamol 500mg tablets 32 Paracetamol 500mg soluble tablets 24 (migraine only)
Allergy: <ul style="list-style-type: none"> • Bites and stings • Hay fever • Skin reaction 	Antazoline / xylometazolin eye drops 10ml Beclometasone nasal spray 50micrograms/ actuation 200 dose Cetirizine 5mg/5ml solution 200ml Cetirizine 10mg tablets 30 Chlorphenamine 2mg/5ml solution 150ml Chlorphenamine 4mg tablets 28 Crothamiton 10% cream Hydrocortisone 1% ointment / cream 15g Loratadine 5mg/5ml syrup 100ml Loratadine 10mg tablets 30 Sodium cromoglycate eye drops 10ml
Colds and Flu: <ul style="list-style-type: none"> • Cough • Congestion • Sore Throat • Fever / temperature 	Ibuprofen 100mg/5ml suspension 100ml Ibuprofen 200mg tablets 24 Ibuprofen 400mg tablets 24 Menthol crystals 5g Menthol and Eucalyptus inhalation 100ml Paracetamol 120mg/5ml Oral Suspension 200ml / 100ml pack Paracetamol 250mg/5ml Oral Suspension 200ml / 100ml pack Paracetamol 500mg tablets 32 Simple Linctus s/f 200ml Simple Linctus Paediatric S/F 200ml Sodium Chloride nasal drops 10ml Xylometazoline 0.1% nasal drops 10ml Xylometazoline 0.1% nasal spray 10ml
Immunisation : <ul style="list-style-type: none"> • Post-immunisation pyrexia • Prophylaxis against fever when Men B vaccine is administered at the same time as other vaccines to infants at 2 and 4 months of age (not the 12 month booster dose). <p>https://www.gov.uk/government/publications/menb-vaccine-and-paracetamol</p>	Paracetamol 120mg/5ml Oral Suspension 200ml / 100ml pack Paracetamol 250mg/5ml Oral Suspension 200ml / 100ml pack

Minor Ailments	Formulary
Ear care <ul style="list-style-type: none"> • Earache • Ear infection • Ear wax 	Acetic acid 2% spray Ibuprofen 24 Tablets Ibuprofen Suspension S/F 100ml Olive Oil 10ml Paracetamol 32 tablets Paracetamol SF Suspension 200ml Paracetamol SF Suspension 200ml Sodium bicarbonate ear drops 10ml
Eye care: <ul style="list-style-type: none"> • Bacterial Conjunctivitis • Styes 	Chloramphenicol 0.5% eye drops 10ml Chloramphenicol 1% eye ointment 4g Gel tears 10g Hypromellose 0.3% eye drops 10ml
Gastrointestinal care: <ul style="list-style-type: none"> • Constipation • Diarrhoea • Dyspepsia • Haemorrhoids • Indigestion • Reflux • Threadworm • Vomiting 	Anusol Cream 23g Anusol Suppositories 12 Anusol Plus HC ointment 15g Bisacodyl 5mg 20 Co-magaldrox 195/220 suspension 500ml Docusate capsules 30 Electrolade sachets 6 Glycerol 4g suppositories 12 Ispaghula sachets 10 Laxido sachets 30 Loperamide 2mg capsules 12 Mebendazole 100mg tablets single Mebendazole 100mg tablets 4 or 8 pack Paracetamol 500mg tablets 32 Peptac suspension 500ml Piperazine and Senna sachets 2 Ranitidine 75mg tablets
Head Lice	Dimeticone 4% lotion 50ml or 150ml pack Detection comb
Mouth Care: <ul style="list-style-type: none"> • Cold Sores • Oral Thrush • Ulcers 	Aciclovir 5% cream 2g Anbesol liquid 6.5ml Benzylamine Oral Rinse 300ml Choline salicylate 8.7% dental gel 15g Hydrocortisone 2.5mg muco-adhesive buccal tabs SF20 Miconazole oral gel 15g Orabase 30g
Skin care <ul style="list-style-type: none"> • Athletes foot • Chickenpox • Cold sores • Contact Dermatitis / Atopic eczema • Fungal skin infections • Nappy Rash • Pruritis • Scabies 	Calamine in aqueous cream 100g Chlorphenamine 2mg/5ml solution 150ml Chlorphenamine 4mg tablets 28 Clobetasone cream 15g Clotrimazole 1% cream 20g Crotonon 10% cream 30g Diprobase cream 50g Diprobase cream 500g Emulsifying ointment 500g Hydromol ointment 125g

<ul style="list-style-type: none"> • Warts and verrucae 	Hydromol ointment 500g
	Hydrocortisone 1% cream 15g
	Hydrocortisone 1% ointment 15g
	Miconazole HC cream
	Permethrin Cream 2x30g
	Salicylic acid 16.7% solution 10ml (salactol)
	Sudocrem 60g
	ZeroAQS cream 50g
	Zinc undecenoate 20%, undecenoic acid 5% cream 25g
Vaginal Thrush	Clotrimazole 1% cream 20g
	Clotrimazole 500mg pessary
	Fluconazole 150mg capsule
Sundries	Oral syringe 5ml
	Dropper / dropper bottle