

## Domestic Abuse in the Workplace Policy

<b>Ratified</b>	Quality and Patient Safety
<b>Status</b>	Final
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<b>Version</b>	V1.3
<b>Author</b>	Designated Nurse Safeguarding Adults
<b>Reference No</b>	CO21

### **Policy Validity Statement**

This policy is due for review on the date shown above. After this date, policy and process documents may become invalid.

Policy users should ensure that they are consulting the currently valid version of the documentation.

### **Accessible Information Standards**

If you require this document in an alternative format, such as easy read, large text, braille or an alternative language please contact [stynccg.enquiries@nhs.net](mailto:stynccg.enquiries@nhs.net)



## Version Control

Version	Release Date	Author	Update comments
V1	August 2015	Head of Safeguarding, South Tyneside CCG.	Non-Applicable New Policy
V1.1	October 2017	Head of Safeguarding, South Tyneside CCG	Review of policy in line with natural expiration date.
V1.2	March 2020	Head of Safeguarding, South Tyneside CCG	Extension Request
V1.3	April 2021	Designated Nurse Safeguarding Adults	Extended for 12 months in light of COVID19

## Approval

Role	Name	Date
Approval	Quality and Patient Safety Committee	19 August 2015 (1)
Approval	Quality and Patient Safety Committee	4 October 2017 (1.1)
Approval	Quality and Patient Safety Committee	July 2020 (1.2)
Approval	Virtual Executive Committee	April 2021 (1.3)

## Review

This document will be reviewed two years from its issue date, unless otherwise stated.

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## 1. Introduction

South Tyneside Clinical Commissioning Group has a responsibility to provide all staff with a safe and effective working environment. For some staff, the workplace is a safe haven and the only place that offers routes to safety.

South Tyneside Clinical Commissioning Group acknowledges that domestic abuse is a significant problem which has a devastating impact on victims and their families. This procedure represents a commitment to take all reasonable steps possible to combat the reality and impact of domestic abuse on those being abused and to challenge the behaviour of perpetrators.

This policy ensures that both victims and perpetrators of domestic abuse are aware of the support that is available within the organisation. It also provides guidance to line managers when supporting staff who are affected by domestic abuse.

It is important to note that domestic abuse is not condoned under any circumstance and all staff must adhere to the available standards of professional behaviour.

## 2. Definition

Domestic abuse is defined by the Home Office as ***“Any incident of controlling, coercive or threatening behaviour, violence or abuse (psychological, physical, sexual, financial or emotional) between adults, aged 16 and over, who are or have been intimate partners or are family members, regardless of gender and sexuality.”***

This definition includes honour-based violence, forced marriage and female genital mutilation.

The impact of domestic abuse can range from loss of esteem to loss of life.

**See Appendix 1** - Types of domestic abuse

Domestic abuse happens in all communities, regardless of gender, age, disability, gender reassignment, race, religion or belief, sexual orientation, marriage or civil partnership and pregnancy or maternity. When dealing with domestic abuse it is important to recognise differences between all protected characteristics. It follows that different approaches and resources are needed when addressing domestic abuse with different groups.

### **3. The impact of domestic abuse in the workplace**

It should be noted that there may be incidents which occur in the workplace or specifically affect the work of a member of staff.

Possible signs of domestic abuse include:

- changes in behaviour including uncharacteristic depression, anxiety, distraction or problems with concentration
- changes in the quality of work for no apparent reason
- arriving late or leaving early
- poor attendance or high absenteeism without an explanation
- needing regular time off for appointments
- inappropriate or excessive clothing particularly if a significant change

#### **3.1 The impact of domestic abuse on work colleagues**

Domestic abuse also affects people close to the victim and this can include work colleagues.

Some effects may include:

- being followed to or from work
- being subject to questioning about the victim's contact details or locations
- covering for other workers during absence from work
- trying to deal with the abuse and fear for their own safety
- being unaware of the abuse or not knowing how to help.

#### **3.2 The impact of domestic abuse on the employer**

Some effects may include:

- Negative impact on performance and morale
- Staff turnover, as employees may have to leave work or move away to escape abuse.

South Tyneside Clinical Commissioning Group expects all staff to report their concerns if they suspect a colleague is experiencing or perpetrating abuse. A member of staff should speak to their line manager about their concerns in confidence. Alternatively a confidential reporting line is now available through Crime Stoppers 0800 555 111. This is a 24 hour hotline that allows any member of staff to report any concern they may have about a colleague or practices in the workplace. The hotline can be used anonymously.

### **4. Confidentiality and right to privacy**

Staff who disclose that they are a victim of domestic abuse can be assured that the information they provide is confidential and will not be shared with other colleagues without their permission.

There are however, some circumstances in which confidentiality cannot be assured. This may occur when there are concerns regarding children, adults at risk or where the organisation is required to protect the safety of their staff. In these circumstances, the

member of staff will be informed as to the reasons why confidentiality cannot be maintained. As far as possible, information will only be shared on a need to know basis.

However confidentiality cannot be assured for staff who disclose that they are a perpetrator of domestic abuse.

## **5. Support for staff**

There are a number of ways in which staff experiencing domestic abuse can be supported by the organisation:

- through offering practical support
- raising awareness generally of the issues and in particular amongst managers
- providing training opportunities to line managers
- signpost to an appropriate counselling service if appropriate
- taking a clear anti-abuse stance against perpetrators.

It is essential staff feel able to disclose this personal information and are encouraged to discuss this with their line manager. However if they feel unable to raise this with their line manager, support is available from second line managers, HR Advisors/ managers and any member of the Safeguarding and Quality Team.

*Within South Tyneside CCG confidential advice and support is available from:*

- The Safeguarding and Domestic Abuse Champions –
- Sharon Thompson -07917 559901

Designated Nurse Safeguarding Adults and/ or Vicky Cotter 07385 382817 Designated Nurse safeguarding Children

## 6. Support for line Managers

### 6.1. Identifying domestic abuse

Domestic abuse is unlikely to be disclosed easily by victims or perpetrators. There are a number of steps that can be taken to address the workplace effects of domestic abuse including how to recognise the problem, respond, provide support and refer to the appropriate help.

*See appendix 2 - Ten steps to address the effects of domestic abuse*

Below is guidance for line managers when facilitating a conversation with a member of staff about domestic abuse.

*See appendix 3 - Asking difficult questions – Guidance for line managers*

If line managers require further advice or assistance before speaking to a member of staff, further support is available from Human Resources (HR) Advisers/ managers or the Safeguarding Team.

#### 6.1.2 Support available

Line managers may consider offering a broad range of support to staff experiencing domestic abuse including:

- annual leave, flexi-time or lieu time for relevant appointments, including with support agencies, solicitors, to rearrange housing or childcare, and for court appointments.
- special leave provisions (e.g. compassionate leave or unpaid leave) where the officer or member of staff's annual leave entitlement has been exhausted.
- temporary or permanent changes to working times and patterns using existing procedures i.e. flexible working.
- changes to specific duties, for example to avoid potential contact with the perpetrator in a customer facing role.
- measures to ensure a safe working environment, for example blocking emails / screening telephone calls; alerting reception / security if the perpetrator is known to come to the workplace; and ensuring arrangements are in place for safely travelling to and from work.
- redeployment or relocation.
- with the member of staff's consent:
  - i. advise colleagues on a need-to-know basis and agree a response if the perpetrator contacts the workplace.
  - ii. provide a photograph of the perpetrator to line management, security staff and reception.
- review the security of personal information held, such as temporary or new address and bank details.

**The right of staff to make their own decision about the course of action at every stage will be respected. It is recognised that a member of staff may need some time to decide what to do and may try different options during this process.**

## 6.2 Perpetrators

Domestic abuse perpetrated by staff **will not** be condoned under any circumstance nor will it be treated as a purely private matter. Staff should be aware that domestic abuse is a serious matter which can lead to criminal convictions. Conduct outside of work may lead to disciplinary action being taken against a member of staff; as such conduct may undermine the confidence and trust the organisation has in them. However, South Tyneside CCG recognises that it has a role in encouraging and supporting perpetrators to address violent and abusive behaviour of all kinds.

If a member of staff discloses perpetrating domestic abuse, the police should be informed as well as the HR Adviser/ Manager so that the disciplinary or other internal procedures can be considered. However, the member of staff will be provided with information about the services and support available to them.

This procedure can be applicable in cases where a member of staff has:

- behaved in a way that has harmed or threatened their partner
- possibly committed a criminal offence against their partner
- had an allegation of domestic abuse made against them
- disclosed concerns about their behaviour within an intimate relationship.

South Tyneside Clinical Commissioning Group will ensure:

- allegations will be dealt with fairly and in way that provides support for the person who is the subject of the allegation or disclosure
- all staff will receive guidance and support
- investigations will be sufficiently independent.

The accused member of staff will be:

- treated fairly and honestly
- helped to understand the concerns expressed and processes involved
- kept informed of the progress and outcome of any investigation and the implications for any disciplinary process

## 6.3 Victims and perpetrators working for South Tyneside Clinical Commissioning Group

In cases where both the victim and perpetrator of domestic abuse work for South Tyneside Clinical Commissioning Group appropriate action will be taken.

In addition to considering disciplinary action against the perpetrator, action may need to be taken to ensure that the victim and perpetrator do not come into contact in the workplace.

Action may also need to be taken to minimise the potential for the perpetrator to use their position or work resources to find out details about the whereabouts of the victim. This may include a change of duties or withdrawing the perpetrators access to certain computer programs. Further advice can be sought from the HR Advisers/ Manager.



## 6.4 Further guidance

### **See *appendix 4 - Domestic abuse – North East England external contacts.***

#### **7. Related Documents**

##### **7.1 Other related policy documents**

- Call to end violence against women and girls (2010) HM Government
- Violence against women and girls strategy (2013) Regional Police and Crime Commissioners
- In plain sight (2014) Safelives

##### **7.2 Legislation and statutory requirements**

- Adoption and Children Act 2001 section 120
- Domestic Violence, Crime and Victims Act 2004
- Serious Crime Act 2015 section 76
- Domestic abuse Bill. <https://www.gov.uk/government/publications/domestic-abuse-bill-2020-factsheets>

##### **7.3 Best practice recommendations**

- A cry for health; Why we must invest in Domestic Abuse Services in Hospitals (2013)
- Quality statement 1 (2016) Domestic violence and Abuse. Nice
  - Responding to violence against women and children (2010) The role of the NHS. DH
- <https://www.nice.org.uk/guidance/qs116>
- [WWW.safelives.org.uk](http://WWW.safelives.org.uk)

## **8. Monitoring, Review and Archiving**

### **8.1 Monitoring**

The Governing Body will agree a method for monitoring the dissemination and implementation of this policy. Monitoring information will be recorded in the policy database.

### **8.2 Review**

8.2.1 The Governing Body will ensure that this policy document is reviewed in accordance with the timescale specified at the time of approval. No policy or procedure will remain operational for a period exceeding three years without a review taking place.

8.2.2 Staff who become aware of any change which may affect a policy should advise their line manager as soon as possible. The Governing Body will then consider the need to review the policy or procedure outside of the agreed timescale for revision.

8.2.3 For ease of reference for reviewers or approval bodies, changes should be noted in the 'document history' table on the front page of this document.

**NB:** If the review consists of a change to an appendix or procedure document, approval may be given by the sponsor director and a revised document may be issued. Review to the main body of the policy must always follow the original approval process.

### **8.3 Archiving**

The Governing Body will ensure that archived copies of superseded policy documents are retained in accordance with Records Management: NHS Code of Practice 2016.

## 9. Equality Analysis



North of England  
Commissioning Support

Partners in improving local health



An Equality Impact Assessment (EIA) is a process of analysing a new or existing service, policy or process. The aim is to identify what is the (likely) effect of implementation for different groups within the community (including patients, public and staff).

We need to:

- Eliminate unlawful discrimination, harassment and victimisation and other conduct prohibited by the Equality Act 2010
- Advance equality of opportunity between people who share a protected characteristic and those who do not
- Foster good relations between people who share a protected characteristic and those who do not

This is the law. In simple terms it means thinking about how some people might be excluded from what we are offering.

The way in which we organise things, or the assumptions we make, may mean that they cannot join in or if they do, it will not really work for them.

It's good practice to think of all reasons why people may be excluded, not just the ones covered by the law. Think about people who may be suffering from socio-economic deprivation or the challenges facing carers for example.

This will not only ensure legal compliance, but also help to ensure that services best support the healthcare needs of the local population.

Think of it as simply providing great customer service to everyone.

As a manager or someone who is involved in a service, policy, or process development, you are required to complete an Equality Impact Assessment using this toolkit.

<b>Policy</b>	A written statement of intent describing the broad approach or course of action the Trust is taking with a particular service or issue.
<b>Service</b>	A system or organisation that provides for a public need.
<b>Process</b>	Any of a group of related actions contributing to a larger action.



### STEP 1 - EVIDENCE GATHERING

<b>Name of person completing EIA:</b>	<b>Sharon Thompson</b>
<b>Title of service/policy/process:</b>	<b>Domestic Abuse and Workplace Policy</b>
<b>Existing: ?    New/proposed: ?    Changed: ✓</b>	
<b>What are the intended outcomes of this policy/service/process? Include outline of objectives and aims</b>	
This procedure ensures that both victims and perpetrators of domestic abuse are aware of the support that is available within the organisation. It also provides guidance to line managers when supporting staff who are affected by domestic abuse.	
<b>Who will be affected by this policy/service /process? (please tick)</b>	
<input checked="" type="checkbox"/> Staff members <input type="checkbox"/> Other If other please state: _____	
<b>What is your source of feedback/existing evidence? (please tick)</b>	
<input checked="" type="checkbox"/> National Reports <input type="checkbox"/> Staff Profiles <input type="checkbox"/> Staff Surveys <input type="checkbox"/> Complaints/Incidents <input type="checkbox"/> Focus Groups <input type="checkbox"/> Previous EIAs <input type="checkbox"/> Other	
If other please state: _____	

Evidence	What does it tell me? (about the existing policy/process? Is there anything suggest there may be challenges when designing something new?)
National Reports	
Staff Profiles	
Staff Surveys	
Complaints and Incidents	
Staff focus groups	
Previous EIA's	
Other evidence (please describe)	



## STEP 2 - IMPACT ASSESSMENT

**What impact will the new policy/system/process have on the following staff characteristics: (Please refer to the 'EIA Impact Questions to Ask' document for reference)**

**Age** A person belonging to a particular age

The policy applies to all CCG employees from the age of 16 years and upwards

**Disability** A person who has a physical or mental impairment, which has a substantial and long-term adverse effect on that person's ability to carry out normal day-to-day activities

The policy applies to all victims and perpetrators of abuse irrespective of a disability

**Gender reassignment (including transgender)** Medical term for what transgender people often call gender-confirmation surgery; surgery to bring the primary and secondary sex characteristics of a transgender person's body into alignment with his or her internal self perception.

The policy applies to males, females, non-binary and transgender employees

**Marriage and civil partnership** Marriage is defined as a union of a man and a woman (or, in some jurisdictions, two people of the same sex) as partners in a relationship. Same-sex couples can also have their relationships legally recognised as 'civil partnerships'. Civil partners must be treated the same as married couples on a wide range of legal matters

The policy applies to all CCG staff whether married or in a civil partnership

**Pregnancy and maternity** Pregnancy is the condition of being pregnant or expecting a baby. Maternity refers to the period after the birth, and is linked to maternity leave in the employment context.

The policy applies to all female employees, whether pregnant or taking maternity leave.

**Race** It refers to a group of people defined by their race, colour, and nationality, ethnic or national origins, including travelling communities.

The policy applies to all employees irrespective of race

**Religion or belief** Religion is defined as a particular system of faith and worship but belief includes religious and philosophical beliefs including lack of belief (e.g. Atheism). Generally, a belief should affect your life choices or the way you live for it to be included in the definition.

The policy applies to all employees irrespective of religion or belief.

**Sex/Gender** A man or a woman.

The policy applies to men and women

**Sexual orientation** Whether a person's sexual attraction is towards their own sex, the opposite sex or to both sexes

The policy applies to all CCG staff irrespective of sexual orientation.

**Carers** A family member or paid helper who regularly looks after a child or a sick, elderly, or disabled person

The policy applies to all employees whether they are a carer or not



### **STEP 3 - ENGAGEMENT AND INVOLVEMENT**

<b>How have you engaged with staff in testing the policy or process proposals including the impact on protected characteristics?</b>
This is not a new policy
<b>Please state how staff engagement will take place:</b>
The policy will be highlighted to all employees by email and then will be uploaded onto the intranet and sharepoint



### **STEP 4 - METHODS OF COMMUNICATION**

<b>What methods of communication do you plan to use to inform staff of the policy?</b>
<input checked="" type="checkbox"/> Verbal – through focus groups and/or meetings    ? Verbal - Telephone <input type="checkbox"/> Written – Letter    ? Written – Leaflets/guidance booklets <input checked="" type="checkbox"/> Email    Internet    ? Other
<b>If other please state:</b>



### **STEP 5 - SUMMARY OF POTENTIAL CHALLENGES**

Having considered the potential impact on the people accessing the service, policy or process please summarise the areas have been identified as needing action to avoid discrimination.

Potential Challenge	What problems/issues may this cause?
1	
2	
3	



**STEP 6- ACTION PLAN**

Ref no.	Potential Challenge/ Negative Impact	Protected Group Impacted (Age, Race etc)	Action(s) required	Expected Outcome	Owner	Timescale/ Completion date

Ref no.	Who have you consulted with for a solution? (users, other services, etc)	Person/ People to inform	How will you monitor and review whether the action is effective?



**SIGN OFF**

<b>Completed by:</b>	<b>Carol Drummond</b>
<b>Date:</b>	<b>09/8/2017</b>
<b>Signed:</b>	<i>Carol Drummond</i>
<b>Presented to: (appropriate committee)</b>	<b>QPSC</b>
<b>Publication date:</b>	<b>October 2017</b>
<b>Reviewed</b>	<b>February 2021</b>
<b>Signed:</b>	<i>Sharon Thompson</i>



## **Types of Abuse**

Controlling behaviour is a range of acts designed to make a person subordinate and/or dependant by isolating them from sources of support, exploiting their resources and capacities for personal gain, depriving them of the means needed for independence, resistance and escape and regulating their everyday behaviour.

Coercive behaviour is an act or a pattern of acts of assault, threats, humiliation and intimidation or other abuse that is used to harm, punish or frighten their victim.

### **Emotional and psychological**

Emotional or psychological abuse can be either verbal or nonverbal.

This kind of domestic abuse chips away at the confidence and independence of the victim to make them compliant and limit their ability to leave their abuser.

Emotional abuse can include verbal abuse such as yelling, name-calling, blaming and shaming, isolation, intimidation, threats of violence and controlling behaviour.

### **Physical**

A wide range of different behaviour can come under the heading of physical abuse and can include punching, slapping, hitting, biting, pinching, kicking, pulling hair out, pushing, shoving, burning and strangling.

### **Sexual**

Rape and sexual abuse is common in abusive relationships due to the victim's refusal of consent being ignored.

Any situation where someone is forced to take part in unwanted, unsafe or degrading sexual activity is sexual abuse.

### **Financial**

Economic or financial abuse limits the victim's ability to get help.

The abuser controls finances; withholds money or credit cards; makes someone unreasonably account for the money they spend; exploits assets; withholds basic necessities; prevents someone from working or sabotages the victim's job and deliberately runs up debts.

### Ten steps to address the effects of domestic abuse

There are a number of steps that line managers can take to address the effects of domestic abuse. In many cases it is about being aware and signposting to the organisations that provide specialist support.

*Below are ten steps that can be taken:*

#### **Recognise the problem**

1. Look for sudden changes in behaviour and / or changes in the quality of work performance for unexplained reasons despite a previously strong record.
2. Look for changes in the way the member of staff dresses, for example excessive clothing on hot days, changes in the amount of make-up worn.

#### **Respond**

3. Believe a member of staff if they disclose experiencing domestic abuse – do not ask for proof.
4. Reassure the member of staff that the organisation has an understanding of how domestic abuse may affect their work performance and the support that can be offered.

#### **Provide support**

5. Divert phone calls and email messages and look to change a phone extension if a member of staff is receiving harassing calls.
6. Agree with the member of staff what to tell colleagues and how they should respond if their ex/partner telephones or visits the workplace.
7. Ensure the member of staff does not work alone or in an isolated area and check that they have arrangements for getting safely to and from work.
8. Keep a record of any incidents of abuse in the workplace, including persistent telephone calls, emails or visits to the workplace.
9. Provide access to supportive literature i.e. leaflets and posters. Ensure these are placed in discrete locations e.g. putting up posters on the backs of toilet doors.
10. Have a list of the support services offered in your area that is easily accessible and refer staff to appropriate organisations that deal with domestic abuse.

### Asking difficult questions – guidance for line managers

If you suspect that a member of staff is experiencing domestic abuse, you should facilitate a conversation to discuss this and identify / implement appropriate support. Shying away from the subject can perpetuate fear of stigma and increase feelings of anxiety. Often staff will not feel confident in speaking up, so making the first move to begin a conversation can be key.

You should ask the member of staff indirect questions, to help establish a relationship and develop empathy. Below are some examples of questions that could be used:

- How are you doing at the moment? Are there any issues you would like to discuss with me?
- I have noticed recently that you are not yourself. Is anything the matter?
- Are there any problems or reasons that may be contributing to your frequent sickness absence / under-performance at work?
- Is everything all right at home?
- What support do you think might help? What would you like to happen? How?

**Avoid victim blaming.** It is important that you are able to provide a **non-judgemental** and **supportive** environment. Respecting boundaries and privacy is essential.

Even if you disagree with the decisions being made regarding a member of staff's relationship, it is important to understand that a victim of domestic abuse may make a number of attempts to leave their partner before they are finally able to do so.

Your role is not to deal with the abuse itself but to make it clear that members of staff will be supported and outline what help is available.

## Domestic Abuse: External Contacts

There are many local support groups that can offer further advice and practical guidance on domestic abuse:

Freephone National Domestic Abuse Helpline, run by Refuge 0808 200 0247  
www.nationaldahelpline.org.uk

Mens advice line 0808 801 0327

### Gateshead:

**Domestic Abuse Support Service** 0191 433 2622

This service provides practical and emotional support to victims of domestic abuse to enable them to live independently. This service offers support to any victim over the age of 16.

**Gateshead Women's Refuge** 0191 477 9309

This service provides emergency housing and support for women and children who are fleeing domestic abuse.

**Safer Families** 0191 4335600

This service is a domestic abuse intervention service, which seeks to increase the safety of victims of domestic abuse.

**Tyneside Women's Health** 0191 477 7898

Tyneside Women's Health facilitates a range of support groups for women affected by domestic abuse.

**Victim Support** 0191 477 8395

This service provides a free and confidential service, offering emotional, practical and non-financial support to those who are suffering or have survived domestic abuse.

### Newcastle

**Angelou Centre** 0191 2260394

The Angelou Centre offers 'women only', community-based provision to advance economic and social independence for women, who are excluded due to disadvantages of race, gender and age.

**Panah Refuge** 0191 284 6998

The service provides emergency housing and support for BME women and children who are fleeing domestic violence. They aim to provide safe, temporary accommodation and support, and enable service users to make informed choices and decisions regarding their future.

**Tyneside Women's Health** 0191 477 7898

Tyneside Women's Health facilitates a range of support groups for women affected by domestic abuse.

The safe project 0191 273 4942

Community workers and domestic violence advocates from West End Women and Girls Centre can offer private and confidential advice, support and guidance

**Victim Support – Northumbria** 0845 277 0977 or 0191 281 0491

This charity provides free and confidential help to victims of crime, witnesses, their family, friends and anyone else affected across England and Wales.

**Women's Aid** 0191 265 2148

Provide help, advice, secure accommodation and an outreach service for women and children.

## **Northumberland**

**Cease24** 01665 606881

A domestic abuse project which provides a service to women and men affected by domestic violence and abuse. The project offers support to clients at high or medium risk, and is open to anyone regardless of gender or sexuality. The services provided include practical and emotional outreach support and an IDVA (independent domestic violence advocate) service. In North Northumberland they have a specialist children's worker who works with children and young people between the ages of 4 and 18 years.

**Sixty Eighty Thirty** 01434 806030

Sixty Eighty Thirty offer practical and emotional support to women and their children in Northumberland who have experienced domestic abuse at any time in their lives, regardless of sexual orientation, religion, culture or gender assigned at birth.

## **North Tyneside**

**Acorns Domestic Abuse Outreach Service** 07552 164 256 Outreach, support, structured women's groups, advice and information.

**Acorns** 0191 2006302

Counselling, support and advice for children and young people affected by domestic violence.

**North Tyneside Harbour Outreach Service** 0191 251 3305

Support and advice for women and men in the community who are experiencing or have experienced domestic abuse.

**North Tyneside Harbour**

Tel: 0191 251 3305 - 24 hours

Accommodation and support for women and children.

## South Tyneside

### **Gateshead and South Tyneside Victim Support** 0191 477 8395

Confidential help and support to victims, their friends and families and witnesses of domestic abuse/other crimes

### **Impact Family Services - Options** 0191 456 7577

Provides family mediation, child contact centres and supports children and young people who are experiencing bullying. Impact also provides individual and group work support to parents experiencing separation, divorce and child contact issues.

The IDVA (independent domestic violence advocate) service within Options works with 18 year olds and over in South Tyneside. Options work with female only whilst IDVA works with both males and females around domestic abuse whether its partner or family. Options run the Freedom Programme and the IDVA service work to reduce the risk by supporting with housing, injunctions, court and refuge status.

### **Places for People in Partnership with South Tyneside Women's Refuge**

0191 454 8257

Offers help and support, as well as providing safe, temporary and emergency accommodation to women with or without children suffering from domestic abuse.

### **Rape Crisis Tyneside and Northumberland Evening Helpline:** 0800 0352794 or **0191 232 9858**

Tyneside Rape Crisis Centre is an organisation run by women for women which aims to: provide information, support and counselling for women aged 16 and over who have been raped or sexually abused.

### **Women's Health in South Tyneside**

Experienced counsellors and therapists provide confidential, individual and group support in a safe, women only environment.

Call: 0191 454 6959, email [info@whist.org.uk](mailto:info@whist.org.uk) or visit [Women's Health in South Tyneside](#)

### **Safeguarding Adults Unit** 0191 4244049/ 0191 456 2093 (out of hours)

This service provides advice to anyone who has concerns for someone (aged 18 or over) who may be suffering domestic abuse.

### **South Tyneside Domestic Abuse Perpetrators Programme (STDAPP)** Telephone:

0191 4545335

Support for men wanting to change their aggressive behaviour.

## **Sunderland**

**Wearside Women in Need** 0800 066 5555 or 0191 4161506

*Wearside Women in Need* provides help, advice, support and refuge accommodation to victims of domestic abuse.

## **Specialist Services**

### **BME Women:**

**Angelou Centre 0191 2260394**

The Angelou Centre offers 'women only', community-based provision to advance economic and social independence for women, who are excluded due to disadvantages of race, gender and age.

**Panah Refuge 0191 284 6998**

The service provides emergency housing and support for BME women and children who are fleeing domestic violence. They aim to provide safe, temporary accommodation and support, and enable service users to make informed choices and decisions regarding their future.